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SILLY BAND LAVA LAMP

Ingredients

- Plastic Bottle with Cap
- Vegetable Oil
- Water
- Food Coloring
- Alka-Seltzer Tablet
- Silly Bands

What is a Silly Band?

Silly Bands are made of silicone and die molded into many different fun shapes. Silly Bands return to the original shape after being stretched.



Instructions

- STEP 1: Fill the plastic bottle three quarters of the way with vegetable oil.
- STEP 2: Fill the plastic bottle the rest of the way with water.
- STEP 3: Place several drops of food coloring into the plastic bottle.
- STEP 4: Drop a few of your favorite Silly Bands into the plastic bottle.
- STEP 5: Break the Alka-Seltzer tablet into two pieces and then drop each of the pieces into the plastic bottle.

Explanation

The carbon dioxide gas created when you dropped the pieces of Alka-Seltzer into the mixture causes the colored water blobs and Silly Bands to push to the top through the oil.

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